Acknowledgements

Thank you to all who have given their time, talents and treasures to conduct the work of the International Health Commission at all levels. It is your efforts that have allowed us to continue to expand our work.

Our Past Commission Chairmen

Bishop Fredrick H Tolbert 1988-1992
Bishop Robert V. Webster 1992-1996
Bishop Vernon R. Byrd 1996-2000
Bishop Preston W. Williams 2000-2004
Bishop Paul J.M. Kawimbe 2004-2008
Bishop Adam J. Richardson 2008-2012
Bishop Wilfred J. Messiah 2012-2016
Bishop Harry L. Seawright 2016 - present

Our Present Leadership

Bishop Harry L. Seawright Chairman Commission on Health
Rev. Natalie Mitchem, MDiv, RD Executive Director
Rev. Miriam Burnett MD, MDiv, MPH Medical Director
Mrs. Gwendolyn Williams RN Emeritus Executive Director and Consultant
HISTORY OF THE INTERNATIONAL HEALTH COMMISSION

The Connectional Health Commission was founded by Dr. Leonadis Berry. Its original purpose was to provide health care to attendees to the General Conference. The first aid stations were equipped by The American Red Cross and volunteer nurses and doctors. They also provided health literature to the delegates.

As an Alternate Lay Delegate to the 1936 General Conference, he developed thought about the health needs such as Organized First Aid Facilities and the possibilities for health education. In 1947, he was able to convince the 4th Episcopal District Delegates to propose his plan to the 1948 General Conference and with the support of Attorney Hubert Dudly, the proposal became a bill and was inserted into the revised Discipline of the AME Church where it remained unchanged until Legislation was passed in 1992 under the Leadership of Bishop Fredrick Tolbert, Dr. Garfield Johnson, Dr. Chiquita Fye and Mrs. Gwendolyn Williams.

The organized First Aid Clinic was established in 1948 with Dr. Berry being elected Medical Director by the General Conference. He continued in that position until he was given the position of Honorary General Officer and retired with the Title of Medical Director Emeritus at the 1980 General Conference, held in New Orleans, LA.

In 1980, The Women’s Missionary Society and the General Conference were to be held in New Orleans, LA. Union Bethel AMEC was chosen as the host church. Mrs. Gwendolyn B. Williams was President of the Union Bethel First Aid Team and was asked to serve as the Local Coordinator. Contact was made with Dr. Berry, Connectional Medical Director, who suggested that she contact the local Red Cross. Mrs. Williams was also a Red Cross volunteer. The Union Bethel First Aid Team met, developed plans for the First Aid Station and submitted the plans to Dr. Berry and the Statistics and Finance Committee, which were subsequently approved. The Union Bethel First Aid Team was supplemented by volunteers from the Connectional Church.

Dr. Berry appointed Rev. David Coleman as Executive Director, Mrs. Rose Davis, RN was named Medical Director, Mrs. Williams was named Assistant Medical Director, and Mrs. Dorothy Johnson was named Recording Secretary at the meeting of the Health Commission prior to the closing of the 1980 General Conference. Rev. Coleman resigned as Executive Director in 1980. The Commission did not meet again until the 1984 General Conference in Kansas City, Kansas.

In 1984, Mrs. Williams was asked by the General Conference Commission to serve as Medical Director to plan and set up a first aid station in Kansas City, KS. This was done with volunteers from Kansas City. The Commission on Health under the leadership of Rev. Alvin Johnson, Director of Social Action, met and elected Sister Williams as Executive Director. Also elected were Mrs. Rose Davis as Acting Medical Director, Sis. Dorothy Johnson as Secretary with Rev. Elder Ray, MD and Rev. Kenneth Robinson MD as Medical Consultants. This action was approved by the General Conference. Mrs. Davis resigned at the close of the General Conference for personal reasons.

In 1988, The General Conference met in Ft. Worth TX. The Commission on Health met and recommended the election of Dr. Chiquita Fye as Medical Director and Mrs. Williams as Executive Director. The names were submitted to the General Board Nominating Committee and approved. It was also recommended that the Connectional Health Commission become an ad hoc commission of the General Board and Bishop Fredrick Talbot volunteered to serve as Chairman. This action was approved by the 1988 General Board. It became the Commission on Health of the General Board with the Medical Director and Executive Directors of the Connectional Health Commission reporting to the Commission.

In 1992, The General Conference met in Orlando, FL where legislation was passed making the Commission a Connectional Organization of the Church. The Medical Director, Dr. Fye and the Executive Director, Mrs. Williams were made voting members of the General Conference and Dr. Berry was named Medical
Director Emeritus. Dr. Garfield Johnson was added as a consultant. Bishop Robert Webster was elected Chairman, Commission on Health.

In 1996, The General Conference met in Louisville, Ky. Mrs. Williams and Dr. Fye were re-elected and Bishop Vernon Byrd was elected Chairman of the Commission on Health. Rev. Miriam Burnett, MD was appointed Medical Consultant.

In 2000, at the General Conference that met in Cincinnati, OH, Bishop Preston Williams was elected Chairman, Mrs. Williams was elected Executive Director. At the December General Board Meeting, Dr. Fye was appointed Medical Director and Rev. Dr. Burnett, Medical Consultant.

In 2004, The General Conference met in Indianapolis, IA. A partnership between the Commission and Social Action resulted in the creation of a meditation area. Two psychologists volunteered to assist persons in stress. The area was well received. The General Board elected Bishop Paul Kawimbi, Chairman. Sister Williams was named Executive Director and appointed to the General Conference Commission. The December General Board met in Nashville TN, and elected Rev. Dr. Burnett Medical Director. In addition, during the 2004 General Conference, legislation was passed creating the position of Overseas Coordinators. These coordinators serve The Continent of Africa, Europe, the Caribbean, and South America (Episcopal Districts 14-20).

June 2005 saw the completion of the first handbook, introduction of a logo patch and pin and the hosting of its first Leadership Workshop. Mrs. Elizabeth Chilokuta, RN of the 17th District was ratified as the Overseas Development Council Health Coordinator for the Continent of Africa and Mrs. Gloria Aaron, RN Health Coordinator, Europe, Caribbean, and South America by the ODC at its April Meeting.

The General Board meeting of 2008 elected Bishop Adam J. Richardson, Chairman and the meeting of 2012 elected Bishop Wilfred J. Messiah, Chairman. During the General Conference of 2016, the revised Constitution and ByLaws were passed and in order to reflect the ever-expanding health education and promotion activities, the name of the First Aid Room was changed to the Wellness Room. Legislation was also passed that required HIV/AIDS education training as well Annual Conference report documentation of health ministry activities at the local level. Bishop Harry L. Seawright was appointed the Chairman at the 2016 General Board.

The Health Commission through the years has served as a resource for information, provided first aid support to meetings at all levels, assisted with development of curriculum, presented workshops at various meetings and has also served as consultants to various groups and participated with Ecumenical Health Programs. In order to continue to expand resources, the number of partnerships with local, regional, national and international entities have continued to be added.
CONSTITUTION AND BYLAWS  
Revised and adopted July, 2016

Section IX. International Health Commission

ARTICLE I - NAME OF ORGANIZATION
The name of this organization shall be the International Health Commission of the African Methodist Episcopal Church.

ARTICLE II - MISSION STATEMENT AND OBJECTIVES

Section 1. Mission.
The International Health Commission serves, among other tasks, to help the denomination understand health as an integral part of the faith of the Christian Church, to seek to make our denomination a healing faith community, and to promote the health concerns of its members. Specifically, the mission is to:

❖ To empower our congregations to advocate for improved access to affordable and quality health care
❖ To provide Health Education and identify health resources.
❖ To assist with first aid for services and meetings at all levels: International, Annual Conference, District and Local
❖ To collaborate with Ecumenical and Interfaith Health Projects while promoting health as a part of our faith and to care for our congregations by advocating health as a right not a privilege, by forming collaborative relationships with International, National, Regional and Local ecumenical and interfaith health programs or projects as well as Health Associations and Community Agencies.

Section 2. Objectives.
a. Establish Health Commissions on all levels, episcopal districts, Annual Conferences and local church
b. Inclusion of one health presentation at each Annual Conference, District Conference, and Christian Education Congress
c. Observe International, National and Local Health Observances at all levels using a broad variety of information for dissemination
d. Institute and establish partnerships with other health agencies or programs at all levels.
e. Expand and develop relationships with colleges and universities, medical, nursing, dental and schools of public health.
f. Expand Health Ministries at all levels to include all components of healthcare to promote total wellness (physical, spiritual and emotional).
g. Encourage connectional organizations to develop health programs and given them support as needed.
h. Build relationships with corporate, Government, and institutional agencies allowing for programs and projects to expand preventive and curative resources
i. Encourage health conferences every year targeting initiatives of The World Health Organization with focus areas as it relates to Africa, the Caribbean, India, South America, and those of the African Diaspora located in other parts of the world
j. Expand International and regional training seminars.

ARTICLE III - ORGANIZATION
The International Health Commission shall be composed of Episcopal District, Annual Conference, Presiding Elder District (where applicable) and Local Church Health Commissions.
ARTICLE IV - MEMBERSHIP

Section 1. Membership shall consist of clergy or lay who are health professionals (physicians; nurses; dentists; dietitians and nutritionists; medical, nursing and dental students; health educators; psychologists; social workers, case managers and utilization review personnel; physical therapists and physical therapy assistants; public health professionals, occupational therapists; pharmacists; certified medical or nursing assistants; and those persons certified in CPR and first aid).

Section 2. Dues.
Annual International dues for Districts One through Thirteen shall be:
Full membership: $25
Students: $10

The amount of annual membership dues at the Episcopal District, Annual Conference, Presiding Elder District and Local church shall be determined by the respective Executive Board and the respective general membership.

Global Health Coordinators in Districts Fourteen through Twenty shall establish a comparable and affordable amount for the two categories. The funds are reported to the International Treasurer and Secretary but shall be retained by the district collecting the same and be used for operational expenses of the District Health Commission.

ARTICLE V - COLORS

The colors are royal blue with a red accent.

ARTICLE VI – MOTTO

A Ministry that Cares Always, Helps and Assists Those in Need through Prevention, Prayer and Education

ARTICLE VII – OFFICERS

Section 1. The Elected Officers shall be:
Executive Director
Medical Director
Recording Secretary
Corresponding Secretary
Treasurer
Global Health Coordinators (2)

Section 2. Elected Officers on other levels.
Health Director (Health Coordinator at local level)
Recording Secretary
Treasurer

Section 3. Election of Officers. International and Episcopal District Officers and Overseas Coordinators shall be elected every four (4) years. Annual Conference and Presiding Elder District Officers shall be elected every two (2) years. Local Church Officers shall be elected annually. There are no term limits.

The elected officers shall assume their duties at the close of the meeting at which they were elected. There shall be a nominating committee on all levels and election shall be Robert’s Rules of Order. The Executive Director and Medical Director must be experienced health professionals with administrative skills. The transitional period for all officers shall not exceed 60 days at which time all records are transferred to the incoming officer.
ARTICLE VIII - DUTIES OF OFFICERS

Section 1. Executive Director.
The Executive Director is a voting member of the General Conference and a member of the General Conference Commission and shall:

- Respond to requests for information on health programs and resources.
- Collaborate with International, National, Regional and Local ecumenical and interfaith health programs or projects as well as Health Associations and Community Agencies.
- Seek funding sources for programs, projects and ministries.
- Represent the Commission on International and National Health Meetings, Workshops and Seminars.
- Participate in Ecumenical and Interfaith Health Programs and Projects.
- Assist with the development and expansion of curriculum, programs, ministries, projects, website content, policies and procedures in collaboration with the Medical Director.
- Revise forms and updates handbook as needed in collaboration with the Medical Director.
- Communicate with the Chairman of the Commission on Health on International health activities.
- Develop a Quadrennial budget for the Commission in collaboration with the Medical Director and Treasurer.
- Consult with and assist Connectional organizations with the setting up of First Aid Stations for Connectional Meetings.
- Assist the host Episcopal District and Conference Health Directors with setting up First Aid Stations for Connectional Meetings.
- Maintain an inventory of First Aid supplies and equipment.
- Compile reports from Episcopal District Health Directors and Overseas Coordinators along with the Medical Director and report the same to the Commission on Health at the meeting of the General Board.
- Maintain a directory of Health Directors and Health Coordinators (as provided by the Health Directors).
- Visit Districts and Annual Conference when requested to present workshops and seminars, and assist with/provide consultation for the development and organization of Health Commissions.
- Communicate with the Senior Bishop, President of the Bishops Council, President of the General Board, and Ecumenical Officer as needed.

Section 2. Medical Director.
The Medical Director is a voting member of the General Conference and shall:

- Assist with the operational program of the Commission.
- Seek funding sources for programs, projects and ministries.
- Collaborate with International, National, Regional and Local ecumenical and interfaith health programs or projects as well as Health Associations and Community Agencies.
- Respond to requests for information on health programs and resources.
- Represent the Commission at International and National Health Workshops and Seminars.
- Participate in Ecumenical and Interfaith Health Programs and Projects.
- Communicate with the Overseas Coordinators and Episcopal District Health Directors as needed.
- Review the reports of the Overseas Coordinators and Episcopal District Health Directors. Visit Episcopal Districts when requested.
- Present workshops and seminars or assist with organizing health programs in Episcopal Districts when requested, or your designee.
- Communicate with the Chairman of the Commission on Health on International Health activities.
- Assist the Executive Director with compiling the Annual Report of the Overseas Coordinators and Episcopal District Health Directors for presentation to the Commission on Health at the General Board meeting.
Section 3. Global Health Coordinators
The Global Health Coordinators shall:

- Should participate on the Global Development Council and are members of the Executive Board of the International Health Commission.
- Shall maintain a directory of Health Directors on all levels and communicate with them to assist them with developing health projects and programs for their locations.
- Organize Health Commissions in the Episcopal Districts on the continent of Africa, nations of the Caribbean Islands, India, South America and Europe.
- Organize a Health Consortium composed of Episcopal District and Annual Conference Health Directors to conduct the work.
- Develop a Quadrennial Budget and submit to the Executive Director and Treasurer.
- Seek international and national funding for health programs and projects.
- Communicate with the Chairman of the Commission on Health, the Executive Director and the Medical Director of the International Health Commission.
- Attend Global Development Meeting, General Board, Episcopal District and Annual Conference Meetings when funds allow.
- Collect and compile quarterly reports from the Episcopal District Health Directors and forward them to the Executive Director of the International Health Commission.
- Disseminate information to the Episcopal Districts about health programs and projects for further dissemination to the Health Directors and Coordinators.

Section 4. Episcopal District Health Directors.
The Episcopal District Health Director is a Member of the Executive Board of the International Health Commission and shall:

- Organize a District Health Commission and maintain a directory of Annual Conference and Presiding Elder Health Directors, forward a copy to the Executive Director of the International Health Commission.
- Disseminate International Health Programs.
- Meet at least three times a year (Planning Meeting, Midyear and Education Congress) for training and to receive reports.
- Develop a budget. Seek funding sources and grants for health programs
- Compile quarterly reports of activities and forwards a copy to the Executive Director
- Have a health seminar or leadership training at least once a year
- Develop an Episcopal District Constitution and Bylaws reflecting the International Constitution and Bylaws and forward a copy to the Connection.
Section 5. **Annual Conference, Presiding Elder District Health Director.**
The Annual Conference (Presiding Elder District) Health Director is a Member of the Episcopal District Executive Board (Annual Conference Executive Board) and shall:

- Assist with organizing Local Church Commissions
- Maintain a directory of Local Church Directors all levels and forward a copy to the Episcopal District Health Director
- Develop a budget. Seek funding sources and grants for health programs or projects
- Meet at least once a year for training and reports
- Collect and compile quarterly reports and send a copy to the Episcopal District Health Director.
- Develop a Constitution and Bylaws reflecting the International and Episcopal District Constitution and By Laws
- Disseminate information to the local churches about International Health Programs.

**Section 6. Local Church Health Coordinator.**
The **Local Church Health Coordinator** is a Member of the Presiding Elder District Executive Board and shall:

- Assess the health needs of the local congregation and develop programs to meet the need.
- Carry out Connectional, Episcopal District and Annual Conference health projects and programs.
- Develop a budget and submit to the Presiding Elder District Health Coordinator.
- Seek funding sources or grants for health programs and projects.
- Review regional and local health programs that can be incorporated into the local church health program.
- Meet as often as needed.
- Report activities quarterly to the Conference Health Director.
- Develop a Constitution and Bylaws reflective of the International Constitution and Bylaws.

**Section 8. Recording Secretary.**
- Shall keep accurate records of proceedings under the directions of either the Executive Director or Medical Director (International), Health Director (Episcopal District or Annual Conference) or Health Coordinator (Presiding Elder or Local)
- Perform other duties common to the office.
- Make available to the members, minutes of all proceedings.

**Section 10. Corresponding Secretary.**
- Shall review all correspondence received, send information to members when directed by the Executive Director or Medical Director (International), Health Director (Episcopal District or Annual Conference) or Health Coordinator (Presiding Elder or Local)
- Shall maintain a directory of officers, health directors, consultants, project directors, ministry coordinators and program directors for the appropriate levels.

**Section 11. Treasurer.**
- **International level:** In cooperation with the Treasurer of the AME Church shall keep a record of all funds allocated by the church. Shall keep a record of all funds collected and raised by other funding sources. Shall keep a record of all funds dispersed. Shall have annual fiscal audits performed. Shall assist the Executive Director and Medical Director in developing the quadrennial
budget. Shall provide reports to the Budget and Finance Committee of the Commission on Health. Shall receive fiscal reports from the Episcopal District Health Commission Treasurer.

- **Episcopal District level:** In cooperation with the Health Commission International Treasurer shall keep a record of all funds allocated by the district. Shall keep a record of all funds collected and raised by other funding sources. Shall keep a record of all funds dispersed. Shall assist the Health Director in developing the quadrennial budget. Shall provide reports to the International Treasurer. Shall receive fiscal reports from the Annual Conference Health Commission Treasurer.

- **Annual Conference and Presiding Elder level:** In cooperation with the Health Commission Episcopal District Treasurer shall keep a record of all funds allocated by the conference or district. Shall keep a record of all funds collected and raised by other funding sources. Shall keep a record of all funds dispersed. Shall assist the Health Director in developing the biennial budget. Shall provide reports to the Episcopal District Treasurer. Shall receive fiscal reports from the Local Health Commission Treasurers.

- **Local level:** In cooperation with the Health Commission Presiding Elder District Treasurer shall keep a record of all funds allocated by the local church. Shall keep a record of all funds collected and raised by other funding sources. Shall keep a record of all funds dispersed. Shall assist the Health Coordinator in developing the annual budget. Shall provide reports to the Health Commission Presiding Elder District Treasurer.

**Section 12. Qualifications for Executive and Medical Director (International positions)**

The **Executive Director and Medical Director** must be experienced health professionals with administrative skills. The Executive Director and Medical Director should have actively served the Health Commission at the Episcopal District level for a minimum of two terms (4 years). The Executive Director and Medical Director should have served the Health Commission by volunteering at least one General Conference and one Episcopal District meeting. The Executive Director and Medical Director should be in good standing with their appropriate licensing body (active or retired).

**Section 13. Qualifications for Global Health Coordinators (International Level) Health Director (Episcopal District and Annual Conference levels) and Health Coordinators (Presiding Elder and Local levels)**

The Global Health Coordinators and Health Director must be experienced health professionals with administrative skills. The Health Coordinator must have an interest in the well-being of their fellow congregants and communities. The Global Health Coordinators and Health Director should be in good standing with their appropriate licensing body (active or retired).

The Health Coordinator must have an interest in the well-being of their fellow congregants and communities. It is not required that the Health Coordinator have any health professional training, but must be CPR certified.

**Section 14. Qualifications for Recording Secretary and Corresponding Secretary**

The secretaries must be able to utilize word processing software (e.g. Microsoft Word, etc.), social media (e.g. Facebook, Twitter, etc.) and email merge.

**Section 15. Qualifications for Treasurer**

The Treasurer must be able to utilize accounting type software (Excel, Quickbooks, etc.), manage finances and account for all funds. At the International level, the treasurer should have actively served the Health Commission at the Episcopal District level for a minimum of one term (2 years).
ARTICLE IX — STANDING COMMITTEES

Section 1. Programs and New Initiatives.
Shall provide the Commission and Episcopal Districts Commissions with information on programs and initiatives available from International, National, Regional and Local ecumenical and interfaith health programs or projects as well as Health Associations and Community Agencies.

Section 2. Grants.
Shall seek out and provide information about grants available from International, National, Regional and Local health organizations, associations, and agencies.

Section 3. Virtual Communications.
Work with Webmaster. Develop information for web pages and a variety of social media.

Section 4. Constitution and Bylaws and Handbook.
Study and review all proposed changes to the Constitution and Bylaws and the Handbook. Propose amendments for the Constitution and Bylaws and Handbook as needed.

Amend Constitution and Bylaws and Handbook as needed.

ARTICLE X — MINISTRIES

In general the Ministries shall:
provide information and connect churches, Pastors, Presiding Elders and Episcopal Districts with health resources available to the faith based community.

provide support and referral resources on AMEHealth.org website and on the Health Calendar.

The Commission Ministries shall include but not be limited to:

Section 1. HIV/AIDS. Provide information for people living with HIV/AIDS. Encourage screening throughout the connection. Provide health education through seminars and workshops. Advocate healthcare for people living with HIV/AIDS. Recommend and encourage the AME church internationally to support World AIDS Day on Dec 1st and other national days of recognition like National Black HIV/AIDS Day (February 7) and Week of Prayer for the Healing of AIDS held during the 2nd week of March.

Section 2. Caregivers. Provide information to assist the caregivers to access resources available in the community. Develop support groups for caregivers.

Section 3. Spiritual Health. Provide spiritual support and referrals for counseling to members of the congregation as requested. Provide moments for meditation during meetings. Establish a quiet place. Members of the Spiritual Health Committee must be certified counselors, psychologists, social workers, or human service workers—clergy or lay.

Section 4. Nutrition and Exercise. Provide nutrition and exercise information on AMEHealth.org website and on the Health Calendar. Recommend and encourage the AME church internationally to participate, support and promote the Annual July Faith Based Health, Wellness, Nutrition and Fitness month established by the International Health Commission of the AME Church. Recommend all meals served at all church related events offer healthy food choices and healthy beverages in order to prevent and fight disease. Recommend churches offer fitness programs and stretch breaks at programs to promote blood circulation, clear thinking and good health.

Section 5: Mental Health. Provide support and referral resources on AMEHealth.org website and on the Health Calendar. Provide churches and Episcopal District with free resources available via Mental Health organizations for church congregations.
Section 6: Ministry to those who are differently abled (challenged). Provide information on making our churches and worship welcoming and accessible for all people including those who are differently abled (challenged). Provide resources that will support churches in their effort to include persons who are differentially abled (challenged). Provide information on emergency evacuation and ensuring all persons can safely exit the building.

Section 7: Clergy and Family Health. Recommend and encourage all Clergy to participate in the Annual August Clergy and Clergy Family Wellness month created to promote physical and mental health, reduce stress, encourage sabbatical and clergy self-care. Provide, support and offer resources that address family wellness which include, but are not limited to: blended families (i.e. stepchildren and stepparents), marriage, divorce, widows, single life, domestic violence, sexual abuse, child abuse, sexuality and financial wellness.

Section 8: Communicable Diseases and Immunizations. Provide information of immunizations. Provide information and updates on communicable diseases that arise during certain times of the year, outbreaks or epidemics, travel health advisories and precautions, recommendations and prevention on AMEChealth.org.

Section 9: Chronic Diseases. Recommend and encourage all churches to provide and support a smoking free environment. Provide a variety of wellness pamphlets and brochures at church and workshops at major meetings, invite health professionals to speak at district meetings and Episcopal meetings. Promote annual physicals prevention and treatment options in order to equip and empower the church to make important health decisions. Encourage all Episcopal Districts and Connection components to use utilize the Health Calendar and resources available on AMEChealth.org.

Section 10: Collaboration with other Connectional Agendas. Partner and support with other Connectional organizations that of mutual interest and concern in order to expand the outreach or scope of the agenda.

Section 11: Death, Dying and Hospice. Provide information and resources on programs. Encourage Clergy and Lay to become trained support members or teams. Recommend churches provide free resources pamphlet form.

Section 12: Disaster Preparedness and Response. Recommend and encourage all Episcopal Districts and Churches to participate in the Annual September Disaster Preparedness Month fire drills and evacuation drills. Provide information on preparedness, First Aid and CPR training, Earthquake and other Natural disaster responses. Provide information on partnerships with the Red Cross, SADA and Medical Corps.

Section 13: Substance Abuse, Addictions and Recovery. Provide information and resources on substance abuse, workshops, Clergy and Lay certification programs.

ARTICLE XI — MEETINGS

Business meetings of the International Health Commission will be held every four years. Officers will be elected at the meeting preceding or during the General Conference. The site will be at the invitation of the Episcopal District or chosen by the Executive Board. There shall be quadrennial Leadership Training Workshop usually preceding the General Board.

Meetings of the Global Consortium shall be at the call of the Global Health Coordinators (a minimum of annually).

Episcopal district, Annual Conference, and Presiding Elder District meetings shall be at the call of the Directors on those levels (a minimum of bi-annually).

Local church commissions shall be at the call of the Coordinator (a minimum of quarterly).
ARTICLE XII — THE EXECUTIVE BOARD

The Executive Board of the International Health Commission shall consist of elected officers, Episcopal District health directors, Global Health Coordinators. Ex-officio members shall include consultants, ministry coordinators, project directors, advisors, chairman of standing committees, and Annual Conference Health Directors.

The Executive Board shall meet at the call of the Executive Director of Medical Director, either by conference calls, webinars, or at a designated location. The Executive Board shall work closely with the Executive Director, Medical Director and the Global Coordinators for the planning, promoting, and implementing programs of the Commission.

The Executive Committee of the Global Health Consortium on the Continent of Africa, Nations of the Caribbean Islands, Europe, India and South America shall be composed of the Health Directors of each Episcopal District and Annual Conferences and consultants necessary to carry out their programs. The Executive Committee shall meet at least once a year to carry on the business of the Health Consortium.

ARTICLE XIII — GOVERNANCE


Episcopal Districts, Annual Conferences, and local churches may compile a Constitution and Bylaws as long as it is not in conflict with the International Health Commission’s Constitution and Bylaws and The Doctrine and Discipline of the African Methodist Episcopal Church.

ARTICLE XIV — AMENDMENTS

This Constitution and Bylaws may be amended by a meeting of the Executive Board or by the members of International Health Commission meeting duly called for the purpose of amending the Constitution and Bylaws. A notice of the proposed amendment must be included in the notice of the meeting. No amendment to the Constitution and Bylaws shall become effective until approved by the General Conference of the African Methodist Episcopal Church.

ARTICLE XV – ACCOUNTS AND INVESTMENTS

Section 1. Contracts, Checks, Bank Accounts. The Executive Board is authorized to select such depositories as it shall deem proper for the funds of the International Health Commission and shall determine who shall be authorized in the organization’s behalf to sign bills, notes, receipts, acceptances, endorsements, checks, releases, contracts and documents.

Section 2. Investments. The funds of the International Health Commission may be retained in whole or in part in cash or be invested and reinvested from time to time in such property, real, personal or otherwise, including stocks, bonds or other securities, as the Executive Board may deem desirable.

Section 3. Expenditures. No officer of the Executive Board can authorize expenditures over five thousand ($5,000.00) dollars without the approval of the majority of the Executive Board.

ARTICLE XVI - FISCAL YEAR

The fiscal year of the Health Commission shall be June 1 to May 31.
Organizational Structure

Chairman of the International Health Commission

Executive Director

Medical Director

Episcopal District Health Directors

Global Health Director

Annual Conference Health Directors

Presiding Elder District Health Directors

Local Church Health Coordinators
AME CHURCH INTERNATIONAL HEALTH COMMISSION
POLICY AND PROCEDURE FOR PROVIDING A WELLNESS ROOM FOR CONNECTIONAL MEETINGS

(when requested or required due to conference size)

Due to the increase in the cost of purchasing equipment and supplies, air travel, shipping and handling, and hotels the following recommendations are made:

1. Registration fee is deferred. This is a working meeting for the Commission person providing the service; most of the meal functions included in the registration are not attended.
2. All Episcopal Districts will have a Health Director, who will organize their District.
3. Connectional Organizations will appoint a coordinator to work with the Episcopal District Health Director.
4. The International Executive Director will consult with and assist the Organizational Coordinator and the Episcopal District Director in planning and providing first aid and a Wellness Room for Connectional Meetings.
5. The International Executive Director or designee will attend at least one planning session for your meeting (usually the last one to meet the local coordinator and do a walk through). The Director will remain in contact with the local coordinator and, when desired, the organization’s President/Director.
6. The Episcopal District and the Conference Coordinator will develop a budget to supplement the cost of providing first aid for the connectional meeting whenever they are hosting the meeting. The connectional organization should also plan to underwrite a portion of the expense of the first aid supplies.

International Health Commission Executive Director

1. Contact the Connectional Convention Planner or the Organization’s President or meeting coordinator, to request a room near the main activity and a bathroom with directional signs.
2. The room shall contain 1) one-two beds (two for General Conference) with two pillows, sheets and blankets; 2) three skirted tables (five for General Conference); 3) ten chairs, (fifteen chairs for General Conference); 4) trash can; 5) water station; 6) refrigerator; 7) a privacy screen; and 8) one wheelchair.
3. Two communication devices (6 for General Conference) and an outside phone line in the Wellness Room.
4. Commission Directors should have ability to reserve a hotel room that is not tied to registration and/or deferred registration.
5. Activity schedule and name badges be provided for all staff providing first aid.
6. All persons under eighteen years of age without a parent in attendance must have a written notarized consent for or a guardian to sign for basic first aid.
7. The Commission will provide forms and non-disposable equipment.
8. The Commission Director will designate the personnel who will open and close the first aid station. Hours start at beginning of days schedule and close at the dinner hour with onsite personnel available during the evening program or service.

Connectional Organization Coordinator

1. Assist with staffing and equipping the Wellness Room, providing the staff names address and phone numbers to the Episcopal Director and the Commission Director. A minimum of two persons per shift. Volunteers should provide more than two hours per shift. Members of the organizations health team are requested to assist with first aid when the schedule permits.
2. Be in consultation with the Commission Executive Director regarding the progress of planning the Wellness Room.
Host Episcopal District Director

1. Assist with the staffing and equipping of the Wellness Room.
2. Along with the host conference, underwrite the cost of first aid supplies and diabetic snacks for urgent needs.
3. Consult with the Commission Director.

Host Conference & Presiding Elder District Directors

1. Assist the Episcopal District Director and Local Coordinator with staffing and equipping the first aid station. A minimum of three persons a shift, volunteers must provide more than one hour of service if possible.
2. Consult with the Episcopal District Director, Local Coordinator, and the Local Church Directors.

Local Coordinator

1. Coordinate and develop a staffing schedule.
2. Assist with securing wheelchairs. If the meeting, is held in a convention center, assist the District Director in securing, beds, sheets, pillows, pillowcases, blankets and privacy screen and other supplies as needed.
3. Consult and meet with the Commission Director at the planning sessions for the meeting.
4. Arrange for volunteer orientation with the Commission Executive Director or designee prior to the opening session.
5. Assist the Commission Director with setting up the Wellness Room.
6. Assist the Commission Director with securing supplies.
7. Provide the name and location of hospital and urgent care centers (medical and dental) that accept persons with no insurance, government and private insurances.
8. Provide coverage for off site events, if needed.

Local Church Directors

1. Assist the Local Coordinator with staffing and equipping the Wellness Room. Consult with the Local Coordinator and Conference Director.
Procedural Policy

The Wellness Room shall be operational from the start of the convention until the close of the convention.

1. If there are no volunteers available, the first aid station will operate at the discretion of the Commission Executive Director.
2. The volunteer will complete all record forms.
3. No equipment will be removed from the first aid station without permission. No chairs will be removed from the first aid stations.
4. Wheelchairs are to be used only to transport injured or sick persons to the Wellness Room.
5. Persons needing wheelchairs or medical equipment must secure their own at their expense.
6. Hotel security must be notified of all emergencies. No ill person should be transported from the meeting alone. Family members, friends or guardians should accompany them.
7. The first aid station will open at the first session and close at the end of the business session or event.
8. The Wellness Room is to be locked if there is no volunteer present.
9. The Wellness Room is to be refreshed at the end of the day by the volunteer present.
10. The hotel/convention center staff is to refresh the Wellness Room at the start or end of the day.
11. Non-disposable equipment is to be sanitized after each use.
12. No smoking in the Wellness Room. No eating except in designated area.
13. No campaign material is allowed in the Wellness Room, volunteers will not wear campaign gear or button.
14. Volunteers will sign in and sign out. (The commission tracts hours)
15. Volunteers may be physicians, nurses (NP, RN, LPN), medical and nursing students, medical assistants, EMTs, and persons certified in First Aid and CPR.
16. Volunteers are not required to wear white uniforms, but wear what is comfortable and appropriate. No dangling jewelry. If possible, use Lab coats or scrub jackets.
AMEC INTERNATIONAL HEALTH COMMISSION
TIPS FOR SETTING UP WELLNESS ROOMS

200-500 PERSONS
Room that is close to the main meeting area and bathrooms.
Four (4) long tables skirted
One (1) round table skirted
Ten (10) chairs
Sign for door
Water station
Trash can
Telephone with an outside line
Communication devices (2-3)
Refrigerator

600-1500 persons
Room that is close to the main meeting area and bathrooms
Eight (8) long tables skirted
One (1) round table skirted
Sixteen (16) chairs
Directional signs
Water station
Two (2) trash cans
Telephone with an outside line
Communication devices (4-6)
Refrigerator

STAFFING
First Aid Personnel (Nurses, Medical Assistants, EMT’s, Pharmacists, etc.)
A minimum of two (2) persons per shift. Station will open at the start of the business session and close at the dinner break with available staff for the evening session/service. Notify the Conference Coordinator how the evening session will be staffed.
Attire is comfortable clothing and shoes (Uniforms optional)

INFORMATION NEEDED
Location on the nearest drugstore and supermarket
Location of hospitals, walk-in clinics or urgent care facilities, that accept persons with no insurance and those that accept government sponsored and private insurances.
Emergency health care and response teams (e.g. onsite EMS, if the conference is at a convention center)
Security procedures on site
INTERNATIONAL HEALTH COMMISSION
FOR LARGE MEETINGS ONLY

TO BE PROVIDED BY THE EPISCOPAL DISTRICT WITH
ASSISTANCE FROM THE HOST CONFERENCE

FOOD & DRINK

Orange juice, apple juice
Ginger ale
Apples, oranges, bananas
Cheese crackers (*no peanut crackers*)
Cups, napkins

*IHC will reimburse the district for use during the General Conference and General Board meetings only*

INTERNATIONAL HEALTH COMMISSION FORMS
INSTRUCTIONS FOR REPORTS

All reports (Episcopal District, Annual Conference, Presiding Elder District, local church) shall be submitted using the IHC website portal three (3) times per year. The suggested schedule includes Planning Meeting Or Annual Conference, Midyear And Christian Education And Founder’s Day.
AME CHURCH INTERNATIONAL HEALTH COMMISSION
WELLNESS ROOM FIRST AID FORM

DATE OF EVENT ___________ SITE ________________________________

1. Demographics

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Sex</th>
<th>Date of Birth</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Home Phone or Cell</th>
<th>Home Address</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Home Address Line 2</th>
<th>Name of Emergency Contact</th>
<th>Telephone Number of Emergency Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hotel and Room Number</th>
<th>Healthcare Provider HCP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact info of HCP</th>
<th>Allergies</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medical History</th>
<th>Medications</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. Presenting Complaint


3. Vital Signs

<table>
<thead>
<tr>
<th>BP</th>
<th>TPR</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BS</th>
<th>Pulse Ox</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. Findings


5. Disposition


First Aider Signature ______________________________________ Date ______________
AME CHURCH INTERNATIONAL HEALTH COMMISSION
REPORT OF PRESENTING COMPLAINTS TO THE
WELLNESS ROOM

LOCATION__________________________________________
ACTIVITY__________________________________________
DATE______________________________________________

<table>
<thead>
<tr>
<th>EYE EAR NOSE &amp; THROAT</th>
<th>MUSCULOSKELETAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Headache</td>
<td>Lacerations</td>
</tr>
<tr>
<td>Earache</td>
<td>Splinters</td>
</tr>
<tr>
<td>Dental</td>
<td>Contusions</td>
</tr>
<tr>
<td>Sore Throat</td>
<td>Fractures</td>
</tr>
<tr>
<td>Eye problems</td>
<td>Falls</td>
</tr>
<tr>
<td>Nosebleed</td>
<td></td>
</tr>
<tr>
<td>Insect Bites</td>
<td>DERMATOLOGICAL</td>
</tr>
<tr>
<td>Foreign Body Eye</td>
<td>Insect Bites</td>
</tr>
<tr>
<td>Foreign Body Ear</td>
<td>Allergic Reactions</td>
</tr>
<tr>
<td>Foreign Body Nostrils</td>
<td>Rashes</td>
</tr>
<tr>
<td>Sinus Pain</td>
<td>Pustules</td>
</tr>
<tr>
<td></td>
<td>Cellulitis</td>
</tr>
<tr>
<td>RESPIRATORY-CARDIOVASCULAR</td>
<td>Fingernail concerns</td>
</tr>
<tr>
<td>Coughs/Colds</td>
<td></td>
</tr>
<tr>
<td>Asthma</td>
<td>OTHER</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Shortness of Breath</td>
<td></td>
</tr>
<tr>
<td>Allergic Reaction</td>
<td></td>
</tr>
<tr>
<td>Chest Pain</td>
<td></td>
</tr>
<tr>
<td>Cardiac</td>
<td></td>
</tr>
<tr>
<td>CVA</td>
<td></td>
</tr>
<tr>
<td>Blood Pressure</td>
<td></td>
</tr>
</tbody>
</table>

| NEUROLOGICAL                                 |                                 |
| Seizures                                     | TOTAL                            |
| Fainting                                     |                                 |

| ENDOCRINE                                    |                                 |
| Diabetic concerns                            |                                 |

| GASTROENTEROLOGY                             |                                 |
| Constipation                                 |                                 |
| Diarrhea                                     |                                 |
| Emesis                                       |                                 |
| Stomach ache                                 |                                 |
| Gas                                          |                                 |
| Heartburn                                    |                                 |
AME CHURCH INTERNATIONAL HEALTH COMMISSION  
WELLNESS ROOM VOLUNTEER  
SIGN-IN AND SIGN-OUT SHEET

<table>
<thead>
<tr>
<th>Date</th>
<th>Name/Contact Info</th>
<th>District</th>
<th>In</th>
<th>Out</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
AME CHURCH INTERNATIONAL
HEALTH COMMISSION
CONSENT FOR FIRST AID

I, ________________________________, give my consent for basic first aid by the volunteer first aid team of the AMEC Health Commission. I have been informed that this is basic first aid that if my condition worsens, I should seek treatment by a higher level of care immediately.

I will not hold the person providing first aid, the First Aid Team nor the AME Church responsible for any complications arising as a result of my failure to seek immediate care as advised. If I treat myself and complications arise I accept responsibility for not following the medical advice provided.

Signed______________________________Date________________

Witness_____________________________Date________________

Signed: First Aider – Date & Time

REV. 10/2016
AMEC International Health Commission
NOTICE OF PRIVACY PRACTICE

EFFECTIVE AUGUST 1, 2017

This notice describes how the medical and personal information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

The Health Commission’s First Aid Stations needs information about you to provide health care. We will keep your information safe for four years, and then it will be shredded.

➢ We will share your information with the health care agency to which we refer you for treatment.
➢ We will share your information as required by law to those persons you have identified and those persons having a relationship that gives them the right to act on your behalf. We may also share information with close personal friends acting on your behalf in case you are incapacitated.
➢ Other times we may need your permission to use or share your information.

You have the right to ask for a copy of your health information or request a report of how we shared your health record with whom and why.

TYPE OF INFORMATION COLLECTED

Your name, address, phone number, health history, age, and services received in the First Aid Station.

OTHER WAYS WE MAY SHARE INFORMATION

Legal procedures to comply with a court order. We may share your health information in case the health of the general public is threatened.

If you feel we have not met the terms of this notice, you may file a complaint with the Chairman of the Commission on Health, the Executive Director and/or Medical Director of the Health Commission.

I have read the Privacy Statement as presented to me by the First Aid Team of the Health Commission of the AME Church. I accept its contents and give my consent for the sharing of information to necessary persons should the need arise.

Signed_______________________________________________________________
Witness______________________________________________________________
Date_________________________

I Do not wish to sign at this acceptance at this time.

Signed_______________________________________________________________
Witness_______________________________________________________________
AME CHURCH INTERNATIONAL
HEALTH COMMISSION

ACTIVITY_____________________________________________________

LOCATION_________________________________________________

DATE__________________ TIME _____________________________

RELEASE OF LIABILITY

I, ____________________________have been advised by the volunteer FIRST AID TEAM of the
HEALTH COMMISSION of the AME CHURCH that my conditions requires immediate care of a
physician or health care facility.

I WILL NOT HOLD THE FIRST AID TEAM NOR THE AME CHURCH LIABLE FOR ANY COMPLICATION(S) THAT
OCCURS AS A RESULT OF MY FAILURE TO FOLLOW FIRST AID ADVISE.

SIGNED_______________________________ DATE______________

WITNESS_____________________________ DATE______________

REV 10/2016
AMEC International Health Commission
FIRST AID SUPPLY DAILY LOG

ACTIVITY__________________________________________

LOCATION______________________DATE_________

<table>
<thead>
<tr>
<th>ITEM</th>
<th>NUMBER USED</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACE BANDAGE</td>
<td></td>
</tr>
<tr>
<td>2 INCH</td>
<td></td>
</tr>
<tr>
<td>4 INCH</td>
<td></td>
</tr>
<tr>
<td>BANDAIDS</td>
<td></td>
</tr>
<tr>
<td>STRIPS</td>
<td></td>
</tr>
<tr>
<td>SPOTS</td>
<td></td>
</tr>
<tr>
<td>OTHER</td>
<td></td>
</tr>
<tr>
<td>EYE PADS</td>
<td></td>
</tr>
<tr>
<td>GAUZE PADS</td>
<td></td>
</tr>
<tr>
<td>2X2</td>
<td></td>
</tr>
<tr>
<td>4X4</td>
<td></td>
</tr>
<tr>
<td>GLOVES</td>
<td></td>
</tr>
<tr>
<td>ICE PACKS</td>
<td></td>
</tr>
<tr>
<td>SMALL</td>
<td></td>
</tr>
<tr>
<td>LARGE</td>
<td></td>
</tr>
<tr>
<td>KLEENEX</td>
<td></td>
</tr>
<tr>
<td>MICROSHIELD</td>
<td></td>
</tr>
<tr>
<td>Q TIPS</td>
<td></td>
</tr>
<tr>
<td>WIPES/CLEANING PADS</td>
<td></td>
</tr>
<tr>
<td>TRIANGULAR BANDAGE</td>
<td></td>
</tr>
<tr>
<td>OTHER</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MEDICAL FIRST AID SUPPLIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALCOHOL PREPS</td>
</tr>
<tr>
<td>PEROXIDE</td>
</tr>
<tr>
<td>BENADRYL SPRAY/LOTION</td>
</tr>
<tr>
<td>CALAMINE LOTION</td>
</tr>
<tr>
<td>-----------------</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>MISCELLANEOUS ITEMS</strong></td>
</tr>
<tr>
<td>BALLPOINT PENS</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>MEDICAL EQUIPMENT</strong></td>
</tr>
<tr>
<td>GLUCOMETER</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>OFFICE EQUIPMENT</strong></td>
</tr>
<tr>
<td>LAPTOP COMPUTER</td>
</tr>
</tbody>
</table>
RESOURCES

PINS, SHIRTS AND PATCHES MAY BE PURCHASED ON THE
HEALTH COMMISSION STORE

LOGO PATCH AND PIN DESIGN
MS. MALISHA BROWN
DR. MIRIAM BURNETT
MRS. GWEN WILLIAMS
<table>
<thead>
<tr>
<th>God’s Desire to Heal</th>
<th>God’s Ability to Heal</th>
<th>God’s Anointing Power to Heal</th>
<th>Our Healing is God’s Will</th>
<th>Mind Body Effect</th>
<th>The Healing Power of Prayer</th>
<th>Faith and Healing</th>
<th>God’s Mercy</th>
<th>The Healing Ministry of Jesus</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Acts 14:3</td>
<td>Proverbs 17:22</td>
<td>59:16</td>
<td>Matthew 8:13</td>
<td></td>
<td>Matthew 17:14-21</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Proverbs 12:18</td>
<td></td>
<td>Matthew 15:28</td>
<td></td>
<td>Matthew 20:29-34</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 10:51</td>
<td></td>
<td>Matthew 9:1-9</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 11:24</td>
<td></td>
<td>John 5:1-9</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Acts 6:8</td>
<td></td>
<td>John 4:46-54</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Daniel 6:22</td>
<td></td>
<td>Mark 1:21-31, 40-45</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Acts</td>
<td></td>
<td>Mark 2:1-2</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 3:1-6</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 5:1-20</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 7:31-37</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 8:5, 13-15</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 9:14-29</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 10:46-52</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mark 12:9-14</td>
</tr>
</tbody>
</table>